

Katerina Argyropoulou

Associate Professor

Department of Educational Studies
with cognitive subject

«Career Guidance and Career Decision Making»

Director of Laboratory of Counseling Science and Vocational Career

Director of MSc in Counselling, Career Guidance and Lifelong Learning

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APELLA CODE: APP 11696

Studies:

- Bachelor Degree from the Pedagogical Department of Primary Education, School of Education (NKUA)
- MSc in Counseling and Career Guidance (2000, NKUA)
- PhD in Counseling and Career Guidance (dissertation title: “*The role of self-efficacy in career decision-making of Lyceum students*”, 2004, NKUA)

Main scientific / research interests:

- Career Counseling and Career Guidance
- Career Decision Making
- Meta-capacities and career skills
- Life-design and career- and self-management models
- Reflexivity and Narrative Techniques in Career Counseling
- Career testing (Psychometric Tools in Career Development and Career Design)
- Synergy of quantitative qualitative methods in the Practical Application of Career Guidance
- Sustainable Career Development

Teaching during the current period:

(a) undergraduate level:

- Career Guidance and Career Decision Making
- Career Planning and Skills Development in the Modern Educational Environment
- Career Decision Making: Skills Development and Counselling Intervention for Adolescents and Young People
- Career Counseling and Career Guidance-Applications

(b) postgraduate level:

- “Theories and Metatheories of Career Development” in *Postgraduate Programme Counseling, Career Guidance and Lifelong Learning* (NKUA)
- “Career Design or Redesign and Lifelong Counseling in *Postgraduate Programme Counseling, Career Guidance and Lifelong Learning* (NKUA)

Participation in research programs (recent and in progress)

- 🚧 **2025-2027:** Scientific Coordinator of the Erasmus+ Project: 2025-1-EL01-KA220-SCH-000354752, entitled “Building Relationships, Inspiring Development, Guiding Empowerment and Sustainability”, funded by IKY (State Scholarships Foundation)
- 🚧 **2024:** Scientific Responsible of the Training Program for Career Counselors of the Public Employment Service entitled: “Strengthening Career Counselors of the Public Employment Service to support individuals belonging to vulnerable and special groups”

- ✚ **2024:** Scientific Responsible for the action providing professional consulting services within the framework of the program entitled: "Targeted support for unaccompanied minor refugees, aiming at socio-economic integration and their preparation for leaving the accommodation structures after they reach adulthood" of FREEDOM GATE GREECE for the project: "Development of the management capabilities of national asylum and migration systems" "Small Grant Scheme - Improved Strategic Planning and Response to Emergency Needs"
- ✚ **2023:** Scientific Responsible of the study for the Design of Educational Materials for the Learning Hospitality Action, in collaboration with the Hellenic Chamber of Hotels.
- ✚ **2023:** Scientific Responsible of the Training Program for Career Counselors of the Public Employment Service entitled: "Empowerment of specialized career counselors of the Public Employment Service in Career Counseling and the provision of group counseling services".
- ✚ **2023:** Scientific Responsible of the project "Design, pilot implementation and evaluation of a Unified Career Education Program which will be made available to the Ministry of Education and Religious Affairs to support the professional development of primary and secondary education students in the country" within the framework of the actions of E.O.P.P.E.P. - EUROGUIDANCE Center of Greece for the three-year period 2021-2023".

Selected Publications:

1. **Argyropoulou, K.** (2022). Promoting Sustainability and Reflexivity in the Career of Greek University Students. *Open Journal of Social Sciences*, 10, 384-400. <https://doi.org/10.4236/jss.2022.1010025>
2. **Argyropoulou, K.** (2021). Sustainable Career Development: A New Challenge in Career Counselling in the Modern Era. *Advances in Social Sciences Research Journal*, 8, 128-138. DOI:10.14738/assrj.812.11393
3. **Argyropoulou, K.**, Kaliris, A., Charokopaki, A. Katsioulas P. (2021). Coping with career indecision: the role of courage and future orientation in secondary education students from Greek provincial cities. *International Journal for Educational and Vocational Guidance*. Advance Online Publication. <https://doi.org/10.1007/s10775-021-09465-4>.
4. **Argyropoulou, K.**, Antoniou, A.S., Mouratoglou, N., Charokopaki, A. & Mikedaki, K. (2020). Psychometric Properties of the Life Project Reflexivity Scale in Greek University Students. *Counseling, Italian Journal of Research and Intervention*, 13(1), 4-20. <https://doi.org/10.14605/CS1312001>
5. **Argyropoulou, K.**, Mouratoglou, N., Antoniou, A.S., Mikedaki, K. & Charokopaki, A. (2020). Promoting Career Counselors' Sustainable Career Development through the Group-based Life Construction Dialogue Intervention: "Constructing My Future Purposeful Life". *Sustainability*, 12, 3645; <https://doi.org/10.3390/su12093645>
6. Charokopaki, A., & **Argyropoulou, K.** (2019). Optimism, Career Decision Self-Efficacy and Career Indecision among Greek Adolescents. *Education Quarterly Reviews*, 2(1) 185-197. <https://doi.org/10.31014/aior.1993.02.01.52>
7. **Argyropoulou, K.**, & Kaliris, A. (2018). From career decision-making to career decision-management: New trends and prospects for career counseling. *Advances in Social Sciences Research Journal*, 5(10), 483-502.26. <https://doi.org/10.14738/assrj.510.5406>
8. Shiaelis, M., & **Argyropoulou, K.** (2018). The effect of Involvement with Job Crafting in Perceived Self-efficacy in Career. *International Journal of Academic Research in Education and Review*, 6(4), 63-72. <https://doi.org/10.14662/IJARER2018.050>
9. **Argyropoulou, K.**, Tsikoura, I., Kaliris, A. (2017). Career management skills of students in general and vocational upper-secondary schools in Greece: Career adaptability and self-efficacy in career planning. *Baltic Journal of Career Education and Management*, 5(1), 7-21. doi: <https://doi.org/10.33225/bjcem/17.5.07>
10. Sidiropoulou-Dimakakou, D., **Argyropoulou, K.**, Drosos, N., Kaliris, A., Mikedaki, K. (2015). Exploring Career Management Skills in Higher Education: Perceived Self-efficacy in Career, Career Adaptability and Career Resilience in Greek University Students. *International Journal of Learning, Teaching and Educational Research*, 14(2), 36-52. <https://www.ijlter.org/index.php/ijlter/article/view/526>

Detailed CV

https://counselinglab.eds.uoa.gr/anthropino_dynamiko/dieythyntria_ergastiriou/

Webpages

Google scholar

https://scholar.google.com/citations?user=fb_j--8AAAAJ&hl=en